ONEN'TO:KON HEALING LODGE

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Application Package



REFERRAL INFORMATION

This section of the referral kit provides a brief description of our treatment program, includes an outline of our eligibility criteria, and gives detailed information to referral workers concerning our admission procedures. Referral workers are invited to keep this part of the referral kit for information.

PLEASE INITIAL each page as confirmation of being read.

1.0 ONEN'TO:KON TREATMENT PROGRAM

Onen'to:kon Healing Lodge (OHL) is a 16-bed residential treatment program facility, located in the Mohawk community of Kanehsatake. Onen'tó:kon meaning "*Under the Pines*" is situated near Oka and Montreal, overlooking the lake of two mountains.

Our program is six (6) weeks in duration and is now a <u>Trauma Focused – Cultural Based</u> program, which incorporates traditional practices of healing while working with clients One-to-One. Our program's belief is that understanding the trauma that one has faced in his/her life and to reconnect with Native Culture along with individual counselling, healing circles and program videos, will assist clients greatly towards "<u>Strengthening THEIR Healing Journey</u>".

We allow for clients to attend Alcoholic/Narcotics Anonymous meetings both within the facility and in the surrounding areas.

The Cultural Component of our program is a set of traditional activities that seek to integrate traditional native practices. This includes: Traditional Ceremonies, Foods, and Native Languages, Beading/Craft work, Singing, Drumming and Cultural Exchange.

Mental Health Services: Our Mental Health Specialist helps clients deal with various phobias, anxiety, depression and other mental health issues.

1.1 PLEASE INFORM YOUR CLIENT, THAT WE DO RANDOM SEARCHES & DRUG TESTING.

2.0 ELIGIBILITY CRITERIA

All applicants MUST agree and accept to provide a "Contact Telephone Number" and location in which to have our Pre-Treatment Assessment & After-Care Counsellor contact them. This process is MANDATORY. Should this section, on Page 5, not be completed, the file will be considered "Incomplete". Our Assessment/After-Care Counsellor will contact each client and the assessment should take up to 1 hour.

Eligibility to our residential program extends to male or female adults (18 years of age or more), and our facility is accessible to physically disabled/ challenged persons. More specifically:

2.1 Applicant must be of aboriginal status, as reflected by a Band, Treaty or Benefit number, or otherwise recognized of aboriginal status by their community. Priority will be given to applicants from Kanehsatake, Kahnawà:ke, Akwesasne, other Iroquois nations and the greater Montreal area.

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- **2.2** Applicant must recognize that a chemical dependency is a problem in his/her life.
- **2.3** Applicant must express a strong indication to change his/her current lifestyle.
- **2.4** Applicant <u>must be free from outside interference</u> for the entire duration of the residential program.

Outside interference includes court dates or Parole Board hearings; visits to or from any representative of the legal or penal systems; childcare or other family obligations; financial obligations; and appointments related to physical or mental health issues. This does not include medical or social emergencies, and these are dealt with as they arise during treatment.

3.0 ADMISSION PROCEDURES

The following admission procedures are designed to help your client develop a more convincing awareness: (a) of the problems associated with his/her chemical dependencies, and (b) of his/her need for residential treatment.

- **3.1** Admission into residential treatment is based on an application, which includes the following documents:
 - □ Pre-Treatment Assessment
 - Application for Admission
 - □ Medical Examination
 - □ Informed Consent and Participation Agreement
 - □ Pre-Treatment Check List
 - □ Authorization for Release of Personal Information
 - □ Transportation Information Sheet
- **3.2** Applications coming from the legal or penal system, require additional information, as follows:
 - **3.2.1** Official confirmation of legal status of applicant (such as Court Orders or Parole Board Decisions or Certificates);
 - **3.2.2** Confirmation that the applicant will be free to attend meetings held outside the Center, go on supervised outings, and benefit from unsupervised weekend passes near the end of the program; and
 - **3.2.3** Available psycho-social information, including family and social background, past convictions, current behaviour, etc (such as in case summaries, psycho-social Assessments, etc.)
- **3.3** Referral Workers fill out the <u>Application for Admission into Residential Treatment</u>. The Referral worker sends this completed Application for Admission, with the other admission documents to our In-take Worker.

3.4 Medical Examination

The Referral Worker sends the **completed** Medical Examination sheet with the other admission documents to our In-take Worker.

3.5 Transportation Information Sheet

This form is to be filled in by responsible parties for the purpose of medical transportation due to early termination of treatment by the individual or staff. Once completed, the Referral Worker sends this with the other admission documents, to our In-take Worker.

- 3.6 Applicants must read and sign the <u>Informed Consent and Participation Agreement</u>. The purpose of this form is to record, clearly, the applicant's commitment to participate in the program. <u>House Requirements</u> are also enclosed in this kit on <u>Pages 24 & 25</u>. The Referral Worker sends this completed Informed Consent and Participation Agreement with the other admission documents to the In-take Worker.
- 3.7 In order to help their clients adapt to our Alcohol & Drug free environment, Referral Workers should hand out to applicants the "Items to bring and Not to Bring lists on Pages 22 & 23.
- **3.8** The Referral Worker should send a completed <u>Pre-Treatment Check List</u> on page 19, with the other admission documents to the In-take Worker.
- **3.8.1** The **Deadline** for sending complete applications is two (2) weeks before the Intake Day itself, on a Monday.

It is advisable to send completed pages 5 to 21 of this application to the In-take Worker as soon as they become ready, in order to get a file opened immediately.

<u>PLEASE SEND ONLY THE REQUIRED PAGES REGARDING THIS</u> APPLICATION, DO NOT SEND US BACK THE WHOLE APPLICATION KIT.

- 3.9 Intake Decisions are reached on completed files only.
- **3.10** The In-take Worker confirms, in writing, the reception of the application as well as the acceptance or refusal of admittance into the Residential Treatment Program.
- 3.11 After confirmation of acceptance has been sent by the In-take Worker, the Referral Worker confirms, in writing, the applicant's attendance to the program.
- **3.12** On in-take Monday, new residents are asked to arrive according to their transportation schedules.
- **3.13** On arrival, the individual will be searched and a bag check will be done.
- **3.14** An Orientation session follows on the morning after intake.
- 3.15 <u>Outside communications</u>: Clients are allowed phone privileges upon arrival into the program. Clients may receive visitors every Sunday.
- **3.16** Graduation of the program takes place on Thursday, at 11:00 a.m. of the 6th week of treatment. We encourage Referral Workers to attend graduation along with family members of their client.

Counsellors will communicate with Referral Workers for the development of After-Care plans.

We trust this Referral Information will prove useful to Referral Workers.

We welcome any comment(s) Referral Workers or others may wish to submit regarding this application kit.

Niá:wen Nakurmíik Meegwetch Tsheneshkumeten Thank You

APPLICATION FOR ADMISSION

INTO RESIDENTIAL TREATMENT

| PLEASE FILL OUT COMPLETELY | | | | |
|-------------------------------------|--------------|-------------|---------------|---------|
| IDENTIFICATION OF APPLICANT: | | | | |
| Name:(Family/Maiden Name) | (Given Name) | Gender: | □ Male □ Fe | emal |
| Home Address: | | | | |
| Trome radi ess. | | | | |
| MANDATORY CONTACT TELEPHO | ONE NUMBER: | | | |
| Date of Birth: (day/month/year) Age | e: Nation | : | | |
| Band Name: (or Village of Origin) | Band Number: | (or Treaty/ | Beneficiary N | o.) |
| MEDICARE NUMBER: | Prov: | Exp. Date | e:(month/yea | <u></u> |
| IDENTIFICATION OF REFERRAL WO | PRKER: | | | |
| Name: | Tel.: (_ |) | <u>-</u> | |
| Title: | Fax: (_ |) | | |
| Mailing Address: | | | | |
| | | | | |



TRANSPORTATION INFORMATION SHEET

| REQUIRED CONTACT INFORMATION FOR THIS CLIENT |
|---|
| CLIENT'S NAME: |
| DATE: |
| TRANSPORTATION TO AND FROM ONEN'TÓ: KON HEALING LODGE |
| NAME: |
| PHONE NUMBER:(|
| AUTHORIZED SIGNATURE: |
| MEDICAL TRANSPORTATION |
| NAME: |
| PHONE NUMBER: _ (|
| AUTHORIZED SIGNATURE: |
| WHO WILL TRANSPORT THE CLIENT IF HE/SHE LEAVES PROGRAM OR IS RELEASED AFTER OFFICE HOURS OR ON WEEKENDS? |
| NAME: |
| PHONE NUMBER: _ (|
| AUTHORIZED SIGNATURE: |
| I AM AWARE THAT I NEED TO HAVE \$200.00 TO BE HANDED TO STAFF ON INTAKE DAY, WHICH I WILL USE FOR TAXI FARE SHOULD I LEAVE THE PROGRAM BEFORE COMPLETION. |
| CLIENT SIGNATURE |

Current Situation of Applicant

| <u>Langua</u> | <u>ages S</u> | <u>poke</u> | <u>n</u> | <u>L</u> : | <u>anguage</u> | s W | <u>ritten</u> | | | <u>Le</u> | evel o | <u>f Edu</u> | <u>ıcation</u> |
|---------------|--------------------------------|-------------|--------------|----------------------------|----------------|------|---------------|---------|---------|-----------|--------|--------------|----------------|
| | | | | _ | | | | | | | | | |
| | | | _ | _ | | | | | | _ | | | |
| Can you | ı Read | and V | Vrite in t | he English | language | ? | | Yes | | No |) [|] | |
| Curren | ıt Emj | ployn | nent Sta | atus: | | | | | | | | | |
| | Emplo | yed – | Usual O | ccupation: | | | | | | | | | _ |
| | Unemp | oloyec | How l | ong? | | | | | Pern | nanen | ıt | | |
| | Self-en | nploye | ed | | | | | | Reti | red | | | |
| | Homer | naker | | | | | | | Stud | ent | | | |
| | Job Tra | aining | 5 | | | | | | Tem | porar | у | | |
| | Season | ıal | | | | | | | Part | -time | | | |
| Is your a | attenda | ance i | n treatm | ent require | ed by you | r em | ployer | or you | ır scho | ol? | Yes | | No 🗆 |
| II 50, - | | | | e, address a zation for | | | | | | | | | |
| Source | e of In | come | : | Employm | nent | | U.I.C. | | | | Socia | al Ass | istance |
| | | | | Pension | | | Other | : | | | | | |
| Marita | l Statı | us: | | Single | | | Marri | ed | | | Sepa | rated | |
| | | | | Widowed | l | | Comn | non-la | aw | | Divo | rced | |
| Is your a | ttendar | nce in | residentia | al treatment | required b | y yo | ur spou | se or p | artner' | ? | Yes | | No 🗆 |
| Spouse's | Spouse's Name (if applicable): | | | | | | | | | | | | |
| Housin | ng: | | With sp | ouse & chil | dren | | W | ith Fı | riends | | | Alon | e |
| | | | With sp | ouse/partn | ier | | W | ith ch | ild(re | n) | | Othe | er: |

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| Family: | Number of chil | dren: | | Ages of Children: | | | | |
|--|----------------------------|-------------------------|---------------|------------------------|--------------------|--|--|--|
| During treatment, who will take care of your children (please give name & telephone number): | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| Are any of y | our children unde | r Youth Protecti | ion or other | childcare services? Ye | es 🗆 No 🗆 | | | |
| □ Under V | oluntary Measure | s: Since: | | Until: | | | | |
| □ By court | decision: | Since: | | Until: | | | | |
| If the above | is applicable, plea | se fill out the fo | llowing: | | | | | |
| Name of Soc | cial Worker: | _ | | | | | | |
| Address: | | | | | | | | |
| | | | | | | | | |
| Phone No.: | | (|) | - | | | | |
| Is there a sign | ned Release of Auth | orization for Rele | ase of Person | al Information form? | Yes □ No □ | | | |
| Is your atte Services? | endance in Reside Yes □ | ential Treatmen No □ | t required | by Youth Protection | or other Childcare | | | |
| Describe, in | client's words, wh | nat led to Youth | Protection S | Services becoming invo | olved: | | | |
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LEGAL

Previous Convictions: Is your attendance to residential treatment, required by the legal system Yes \square No \square Have you ever been arrested? Yes No \square If yes, history of: **Date of Sentence** Nature of **Nature of Sentence Dates or Current** (dd/mm/yy)**Offences** (probation, fine, detention) **Status** ☐ Not Applicable **Current Legal Status:** ☐ On Probation Until: Since: ☐ On Parole Since: Until: _____ ☐ On Temporary Absence Until: Since: ☐ Residing in a Half-Way House: Since: Until: _____ Since: _____ ☐ Inmate in Detention Centre Until: _____ Date Schedule: _____ ☐ Waiting Parole Board Decision ☐ Waiting for Trial/Sentence: Date Schedule: ☐ Charges Pending Reason for conviction, or charges leading to above situations: If applicable, provide a photocopy of the Parole Certificate/Court Mandate. Probation Officer: If you complete treatment, where will you go to live? If you do not complete treatment, where will you go to live?

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NOTES TO REFERRAL WORKER

| 1. | | Please ask the applicant to sign an Authorization for the Release of Personal Information form and send us the following documentation when applicable: | | | | | | | |
|----|------|--|--|--|--|--|--|--|--|
| | A) | Official documents (such as Voluntary Measures, Court Orders, Parole Board Decisions, Probation Orders, Decision Sheets, Temporary Absence Authorizations etc.); and | | | | | | | |
| | B) | Recent psycho-social assessments or progress reports (such as case summaries, etc.) including summary of current or past sentences and of charges pending. | | | | | | | |
| 2. | | ses of Parole/Probation/Youth Protection Measures, please provide information on tion(s) related to treatment. | | | | | | | |
| 3. | Comr | ments, if any, on the legal or penal situation of your client: | | | | | | | |
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ALCOHOL & DRUG HISTORY

| Check | substances that you h | ıave ı | used: | | | |
|--|--|--------|--|----------|--------|-------------------|
| | Alcohol | | Marijuana | | | Hashish |
| | LSD | | Cocaine | | | Crack |
| | Mescaline | | Peyote | | | Heroin |
| | Hash Oil | | Methadone | | | Morphine |
| | Sniff glue (solvents) | | Tranquillizers | | | Opiates-Oxycontin |
| | Prescription Medicati | on (| prescription pain | killers, | Ritali | in, Ativan, etc.) |
| | Over the counter med | icatio | on (cold medicatio | on, Tyle | nol) | |
| Have | you ever experienced Alcohol Seizure | any o | , and the second | Deliriu | m Tre | emors (D.T.'s) |
| | Visual Hallucinations | | | Audito | ry Hal | llucinations |
| | Tactile Hallucinations (feeling things under | | the skin) | | | |
| Age wh | nen you accepted drugs or | alcoh | nol as a problem: | | | |
| The Referral Worker may comment here on the use of substance(s) reported by the client: | | | | | | |
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| If you continue to drink alcohol or use drugs, describe how your life situation could or will get worse: | | | | | | | |
|--|-----------|-------|--|----|--|--|--|
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| ATTEMPTED SOLUTIONS | | | | | | | |
| Have you tried to stop drinking or taking drugs? | | Yes | | No | | | |
| Please Specify: | | | | | | | |
| Have you used any of these recourses to step using a | lachal ar | dmigg | | | | | |

Have you used any of these resources to stop using alcohol or drugs?

| PROGRAM TYPE | APPROXIMATE DATES | LOCATION | <u>LENGTH</u> | COMMENTS |
|---------------------------------------|----------------------|----------|---------------|----------|
| Supervised Detoxification | | | | |
| Self Help Groups AA, NA or CA | | | | |
| <u>Healing</u> <u>Circles</u> | | | | |
| <u>Health</u> <u>Professionals</u> | | | | |
| Outpatient Treatment Services | | | | |
| Residential Treatment Services | | | | |
| <u>Other</u> | | | | |

| Have there been times when you were successful in staying sober? | | Yes | | No |
|---|--------|-----------|---------|------------------|
| For how long? | | | | |
| What (or who) did you find helpful? | | | | |
| | | | | |
| What (or who) did you not find helpful? | | | | |
| | | | | |
| Please write a separate letter stating how you think residential tre time and what has changed? | atme | nt can b | e usefu | l to you at this |
| If a previous treatment for substance abuse was not completed, p | olease | e identif | y and g | ive reason: |
| | | | | |
| | | | | |
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DOCTOR or RN MEDICAL EXAMINATION

PLEASE FILL OUT COMPLETELY IN CLEAR PRINT

| Full | Name of Patient: | Date of Birt | • | | | | | |
|------|--|---|-----------------------|--------------------|----------------------------|--|--|--|
| HEA | ALTH CARD #: | dd mm y Exp.: | | | | | | |
| • | Onen'tó:kon Healing Lodge will only allow prescr to know if the patient was diagnosed with m Depression, etc. We recommend that patients se they can be weaned off drugs with psychoactive addiction in our treatment program. | nental health iss e their physicians | ues suc s to be re | h as B eassesse | i-polar or ed to see if | | | |
| | Is this patient physically fit? | | | | | | | |
| 1. | Is the patient experiencing current health proble | ms? | | | | | | |
| 2. | Past and Current History: | | | | | | | |
| | Medical Problems: | Epilepsy 🗆 As | thma | Othe | ers(specify) | | | |
| | Surgeries: | Gyn-Obstetri | cal: | | | | | |
| | Traumas/Disabilities: | Allergies: | | | | | | |
| | List Prosthetics used | Needs an Epi Degree of Alle | | | | | | |
| | | Other (deafne | ess/blind | lness): | | | | |
| 3. | Contagious Conditions need to be reported | d. | | | | | | |
| | □ HIV □ AIDS □ Hepatit | is 🗅 | STI's: | | | | | |
| | □ Scabies □ Lice □ Tubercu | ılosis | Other | : | | | | |
| | Please report results of PPD Test (_ | | mm) | ANI |) | | | |
| | Date of PPD Test: | | ŕ | | | | | |
| | | | | | | | | |
| | E PPD TEST MUST BE A RECENT ON | | | | | | | |
| | D reading is high, we require a recent ng with any other tests you deem nece | | | | results, | | | |
| | | , | J | | | | | |
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| 4. | <u>Mental Health Issues – History & Treatment</u> : In the case of past history: the year of hospitalizations, diagnoses, treatments and their results. More details will be useful for recent mental difficulties, including suicidal ideas or attempts (eg: dates & methods); please note where we can get a more detailed report. |
|------|--|
| | |
| 4.a) | Mental Health Care Professional(s) who is/are involved in working with the client. |
| Name | e () - Phone Number |
| Name | e |
| 5. | Is there any current medical follow up required for any of the above (1,2,3 & 4)? |
| | |
| | |
| 6. | Current Medication: Identify all medication prescribed. |

| Medication & Dosage | Corresponding Diagnosis | Prescribing Doctor | Start & Ending dates of medication(s) | Psycho- active effect (Yes / No) | Compliant (Yes / No) |
|---------------------|----------------------------|-----------------------|--|--|-------------------------|
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| 7- | Centre pri | | on requiring medical supervision in a hospital or a Detox idential treatment). Are withdrawal symptoms to be use specify: |
|-------|--------------|---|---|
| 8. | | | taken into account in the treatment of this patient such blems, Suicide Attempts, etc.: |
| | | ON: | |
| resul | ts of this r | | olth professional identified above to submit the conen'tó:kon Healing Lodge, for the purposes tment. |
| Signa | ture of Pa | tient | Date |
| Retu | rn to: | Onen'tó:kon Hea Tel.: (450) 479-8 Fax: (450) 479-1 Email: info@one | 3353 034 |

CONSENT FOR RELEASE OF INFORMATION (PLEASE PRINT CLEARLY)

Referral to Release to Onen'tó:kon Healing Lodge hereby consent voluntarily for the following: (Client's Name) to release information regarding all aspects of my (*Referring agency(ies) and/or person*) clinical record regarding addictions, legal matters, medical & psychological history (Other information) to Onen'tó:kon Healing Lodge. Onen'tó:kon Healing Lodge to Release Furthermore, I ______hereby consent to Onen'tó:kon (Client's Name) Healing Lodge to release information to: (Agency/Persons) Regarding: Progress Report Discharge Summary Notification of early departure Aftercare Plan Reason for departure Other (specify) Medical **Completion Statement** Name of Client: Date of Birth: **Signature Print Client:** Witness: I understand that: The information being released between the referring agency(ies) and/or person(s) is to assist me in my treatment. Any other information will not be released to any other persons without my consent unless it is information that the Onen'tó:kon Treatment team is obligated by law to release. This consent lasts for a period of **90 days**. Date from:

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INFORMED CONSENT

AND PARTICIPATION AGREEMENT

I, the undersigned, know that the residential program involves:

- Learning traditional Native practices of healing;
- Sharing personal matters in individual counselling and in Talking and Healing Circles
- Reading and written assignments; attend meetings, lectures and films;
- Active involvement in household and maintenance chores;
- Participating in social and recreational activities;
- Participation in the Cultural Component of our program, which is a set of traditional activities that seek to integrate traditional native practices. The Cultural program includes: Traditional Ceremonies at the Longhouses in Kahnawà:ke or Kanehsatà:ke, which follows the cycle of ceremonies of the Haudenosaunee, Native Languages, Bead/Craft work, Traditional Foods, Drumming and Traditional Music.
- Participating in spiritual activities in accordance with my spiritual beliefs;
- Developing an After Care plan.

INITIALS:

• Therefore, I shall at all times indemnify and hold harmless Onen'tó:kon Healing Lodge, its Board of Directors, Executive Director, Clinical Staff, Support staff and Administration from and against all claims, actions, suits, losses, costs, or damages that could be made or brought by myself or a third party, as a result of an act or omission on my part or others, during my stay at Onen'tó:kon Healing Lodge and thereafter all in accordance with Article 5.15 of the Onen'tó:kon Healing Lodge Guidelines. (Article 5.15 – Board of Directors - Indemnity: The Organization will indemnify its Board Members, Officers, Director or employees, all costs or expenses up to but limited by the ONEN'TO:KON HEALING LODGE insurance coverage, arising from a civil, criminal or administrative lawsuit of which they are party to, except if these persons have committed a grave error, gross negligence or fraudulent act.)

House Requirements are set up to promote safe and harmonious relationships, and to help me develop self-discipline, respect, and my sense of responsibility. I commit myself to follow this participation agreement.

| Client's Signature Date Witness' | Witness' Signatu |
|----------------------------------|------------------|
| | |
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| | |

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PRE-TREATMENT CHECKLIST FOR APPLICANT

(PLEASE PLACE A CHECK MARK ON ALL COMPLETED ITEMS ON THIS PAGE.)

| 1. | . Provided my Contact Telephone Number – Page 5 (M | IANDATORY) |
|----------|--|---|
| 2. | I have a Status/Benefit Card that certifies my nationa A photocopy of the cards is enclosed. | lity. |
| 3. | . I have a valid Medicare Card. A photocopy of the | card is enclosed. |
| 4. | I have taken care of general health concerns, (eye doorefills). If it is necessary, to seek medical help w I am responsible for making the appoint transportation, except when I need an ambula | hile I am in treatment, I realize intment & arrangement for |
| 5. | I am free of legal commitments, including Court dates lawyers, probation or parole officers, youth protection | |
| 6. | I understand & agree that I am responsible for tr Treatment Center according to my transportation sch | |
| 7. | I understand & agree that if I do not complete the propremises & territory as soon as possible. | ogram, I am responsible to leave the |
| 8. | I understand & agree that I am responsible for transpopum. on Graduation Day. | ortation to leave the premises at 1:00 |
| 9. | . I have read & signed the Informed Consent & Particip | oation Agreement. |
| 10. | o. I commit myself to follow the House Requirements – | Page 24 & 25. |
| 11. | I have been informed that during my time program, there could be random drug testin (building, room, personal belongings, etc.) ca | g as well as random searches |
| Applicat | nt's Signature Referral Wo | rker's Signature |
| | | |
| Date | | |
| | | |
| | | |
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| Applicant's Signature: | Date: | |
|---|---|----------|
| This appointment is scheduled for: | | |
| This appointment is scheduled for: | | |
| | Postal Code: | |
| Mailing address: | Fax: (| |
| Name: | Tel.: (| |
| Who will be your After Care Worker? | | |
| | | |
| | | |
| When you leave treatment, who will be available | ble (family, friends) to help you stay clean and so | ber — |

FOR REFERRAL WORKER

Please describe what were the circumstances, which led to your client deciding to receive treatment at this time, describe their motivation, assessment results, etc. Include any pertinent information that would be helpful to the counselling team in addressing the client's needs. The more details provided, the better we can meet the needs of your client. Thank you for your assistance.

| Referral Worker's Comments and Recommendations: | |
|--|--|
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| | |
| I recommend this client for residential treatment. | |
| Referral Worker's Signature Date | |

≈Please Give to Client ≈

PERSONAL ITEMS TO BRING

| | Personal Identification Medicare Card Status Card Bank/ATM/Credit Cards Return Travel Tickets Parole/Probation Papers Calling Cards (for the pay phones) Money for personal use: Plan enough money for the canteen, personal expenses and passes. Smokers need to bring cigarettes. A canteen service is available on Fridays for the purchase of chips, chocolates, toiletries, gum, etc. |
|-------------|--|
| | CLOTHING |
| _ _ _ | Please bring clothes appropriate to the season. At least four (4) separate changes of clothing Gym clothes and non-scuff running shoes. Underwear, pyjamas, nightgowns, socks, stockings, slippers and/or moccasins. Graduation Clothing |
| | TOILETRIES (Personal Hygiene) |
| | Face soap/body wash and soap dish Toothbrush and Toothpaste Deodorant Shaving Supplies Shampoo and Conditioner Hairdryer Hairspray/Mousse/Gel Curling and/or Straightening Iron Hairbrush/Comb Sanitary Napkins/Tampons |

THE FOLLOWING ARE NOT ALLOWED

- 1. Mouthwash with alcohol
- 2. Very short cut shorts and skirts, low rise jeans, low cut shirts/blouses/t-shirts.
- 3. Personal garments that are sexually explicit and/or promote the use of alcohol and/or drugs. For example: T-shirts, jackets, caps, posters, cards, etc.
- 4. Portable televisions, clock radios, and videotapes and/or DVD's.
- 5. Over-the-counter medication will not be dispensed unless prescribed.
- 6. Glue, nail polish and remover, etc.
- 7. Clients are not permitted to leave their vehicle at the Treatment Center during treatment.
- 8. Chewing tobacco, cigars or snuff.
- 9. Do not bring linens. (blankets, bed sheets, pillows or pillowcases, towels and face cloths; as these are already provided for).
- 10. Should you bring the items listed below, remember to bring the chargers and adaptors. You will only be allowed to use them when you go on pass(es) and will be returned after the Graduation Ceremony. These items will be kept in safekeeping.

<u>Cell phone, laptop computer, I-Pod, I-Phone, MP3 players, Cameras and any other audio/visual/electronic devices.</u>

On In-take and when returning from weekend pass, residents undergo mandatory personal and baggage checks. Random checks may also be done during your six-week stay at the centre.

MEDICATION:

- 1. Only prescribed medication will be dispensed.
- 2. All medication brought to the Center is to be handed in and will be monitored by staff.
- 3. Some prescribed medication, such as ointments, asthma medication, etc., will be handed back to the resident.

It is the responsibility of the resident to: (a) take his/her medication only as prescribed, and (b) ask a staff member for his/her medication.

HOUSE REQUIREMENTS

House requirements seek two (2) purposes: (a) set boundaries that will promote safe and harmonious group life for everyone, and (b) encourage clients to develop self-discipline, a sense of responsibility and respect of oneself and of others. Respect of and meeting House Requirements also reflects client's motivation and willingness to "work the program."

A. BEHAVIOURS THAT MAY RESULT IN DISMISSAL

Behaviours that may result in dismissal are as follows:

- 1. using alcohol and/or other drugs during treatment;
- 2. withdrawing oneself from any program activities in a major and significant way, such as leaving the premises, missing AA or NA meetings;

However, any of the two following requirements, will be dealt with and any staff member has the authority to dismiss a client.

- 3. criminal offences (such as theft, threats or physical violence);
- 4. any sexually explicit activity or sexual harassment; between residents, between residents and staff or with visitors.

B. OTHER HOUSE REQUIREMENTS

Concerning Program or Scheduled Activities

Not respecting House Requirements can result in loss of privileges. Such as, loss of telephone time, loss of pass(es), special assignments and/or meet with staff.

- 1. PUNCTUALITY: Clients attend program or scheduled activities, on time.
- 2. No telephone use during program time.
- 3. Twenty (20) minutes of **Chores** is carried out three (3) times a day, according to the schedule. **Clients are to keep themselves busy for the full twenty (20) minutes**, including helping someone else if they complete their chores early.
- 4. <u>Sunglasses, Caps/hats, or Hoodies are not to be worn indoors.</u>

Concerning Responsibility and Respectful Manners

- 1. At all times, clients who use dishes (such as cups, glasses, etc.) must rinse & brush their dishes in the sink and put them in the tray on the counter.
- 2. Clients need to show respect to other clients and staff.
- 3. No lying down or putting feet up on the furniture (indoors or outdoors)
- 4. Defacing, graffiti or vandalizing any of Onen'tó:kon's property (furniture, books, etc.) is not acceptable behaviour. Clients who deliberately break or destroy any property of Onen'tó:kon Healing Lodge' must reimburse, repair or cover the replacement costs.
- 5. Other client's bedrooms are off limits.

Concerning Health and Safety

1. Smoking is authorized on personal time only and restricted to the back porch, except during scheduled AA/NA Meetings where smoking is permitted at the AA entrance. No cigars or chewing tobacco are permitted.

Meeting house requirements is an important part of the treatment program. Counsellors will meet with clients and address the issues that may impede recovery.

OUTSIDE COMMUNICATIONS

1. Telephones and Mail

Outgoing calls are made with the public telephones in the hall near the elevator and main entrance.

Staff takes incoming calls: urgent messages are passed on to clients.

Client's incoming personal mail is to be opened in the presence of a Staff member.

Cell Phone/IPods:

• These phones need to be off in the building & must be handed in to Staff members for safekeeping.

2. Visitors

Visiting is allowed as of the 1st Sunday following intake & every Sunday thereafter, from 1:15 p.m. to 4 p.m.

ONEN'TO:KON HEALING LODGE

(formerly known as Onen'tó:kon Treatment Services)

2017 IN-TAKE SCHEDULE

| 1 | 2 | 3 |
|--|---|--|
| RECEIPT OF APPLICATIONS | <u>IN-TAKE DAY</u> | GRADUATION |
| December 12, 2016 | January 9, 2017 | February 16, 2017 |
| February 20 – 24, 2017 | ADMINISTRATION & | PROGRAM REVIEW |
| Feb. 13, 2017 | February 27, 2017 | April 6, 2017 |
| April 10 – 14, 2017 | ADMINISTRATION 8 | STAFF TRAINING |
| April 3, 2017 | April 17, 2017 | May 25, 2017 |
| | | |
| May 29 – June 2, 2017 | ADMINISTRATION & | PROGRAM REVIEW |
| May 29 – June 2, 2017 May 22, 2017 | ADMINISTRATION & June 5, 2017 | PROGRAM REVIEW July 13, 2017 |
| | | July 13, 2017 |
| May 22, 2017 | June 5, 2017 | July 13, 2017 |
| May 22, 2017 July 17 – 28, 2017 | June 5, 2017 TRAINING & PRO | July 13, 2017 OGRAM REVIEW September 7, 2017 |
| May 22, 2017 July 17 – 28, 2017 July 17, 2017 | June 5, 2017 TRAINING & PRO July 31, 2017 | July 13, 2017 OGRAM REVIEW September 7, 2017 |
| May 22, 2017 July 17 – 28, 2017 July 17, 2017 Sept. 11 – 15, 2017 | June 5, 2017 TRAINING & PRO July 31, 2017 ADMINISTRATION & | July 13, 2017 OGRAM REVIEW September 7, 2017 PROGRAM REVIEW October 26, 2017 |

(Schedule subject to change)

- Application forms can be sent at any time, however, all completed applications must be received no later than the Monday two weeks before a new intake. (See Column 1 for deadline dates)
- 2. New residents are expected to arrive at 10:00 am on intake day. (See Column 2)

The duration of the treatment program is six weeks (38 days). Referral workers, who wish to participate in the development of the aftercare plan, are invited to communicate with the Residential Counsellors. Referrals are also welcome to attend the graduation ceremony.

Schedule created: October 2016